

We offer these low-cost wellness options:

- **Basic Metabolic Wellness** - \$20.00
 - Sodium
 - Potassium
 - Chloride
 - Carbon Dioxide
 - Glucose
 - Blood Urea Nitrogen
 - Creatinine
 - Calcium
 - Anion Gap
- **Comp. Metabolic Wellness** - \$25.00
 - Includes Basic Metabolic Wellness, Plus
 - Albumin
 - ALT
 - AST
 - Aklaline Phosphatase
 - Total Bilirubin
 - Total Protein
- **Hematology Wellness** - \$15.00
 - White Blood Count
 - Red Blood Count and Indices
 - Hemoglobin
 - Hematocrit
 - Platelet Count
- **Blood Type** - \$20.00
 - ABO Type
 - RH Type
- **AST Wellness** - \$10.00
- **ALT Wellness** - \$10.00
 - ALT (Liver)
- **Celiac Disease Panel** - \$80.00
 - Total IgA
 - Total Transglutimase
- **Cholesterol Wellness** - \$10.00
 - Cholesterol
- **Fecal Occult Blood** - \$35.00
- **Free T4 (thyroxine)** - \$40.00
- **Ferritin (Anemia)** - \$30.00

- **TSH (Thyroid) – \$40**
 - These are indicators of thyroid function. When used in combination with the FT4 (above), it is a very good check of thyroid disorder. An abnormally functioning thyroid gland affects an individual's energy level, heart rate, weight control, and more.
- **Glucose Wellness – \$10.00**
 - Glucose
- **Hemoglobin A1C (Diabetes) – \$30.00**
- **High Sensitive CRP (Cardiac) – \$25.00**
- **Lipid+Glucose Wellness – \$30.00**
 - Glucose
 - Cholesterol
 - Triglyceride
 - HDL Cholesterol
 - LDL Cholesterol (calc)
 - Chol/HDL Ratio (calc)
- **Sodium & Potassium Wellness – \$10.00**
- **PSA (Prostate Cancer) – \$45.00**
- **Urine Microalbumin Wellness – \$25.00**
 - This is an early indicator of possible kidney damage. The National Kidney Foundation recommends that Type 1 diabetics over the age of 12 and Type 2 diabetics under the age of 70 be screened every year.
- **Testosterone, Total and Free – \$50.00**
- **Vitamin B12 (Anemia) – \$25.00**
- **Iron and Iron Binding (Anemia) – \$30.00**
- **Uric Acid (Gout) – \$10.00**
- **Vitamin D – \$65.00**
- **Folate (Anemia) – \$25.00**

Wellness testing hours are 8 a.m.–4 p.m, Monday–Friday.

No appointment necessary. For more information, call **641.456.5025**.

These tests must be sent out for processing. Results may take up to a week.

* **Individuals should be fasting.** Fasting, for the laboratory, means no solid or liquid food for 12 hours and no alcohol 24 hours prior to specimen collection. Water should be taken in normal amounts. Continue taking your medications as directed by your health care provider. *